

ABOUT THE DIRECTOR

of the Australian Institute of Laser Therapy



KEYNOTE LECTURER

Tina H.E. Czech

B. Health. Sci. C.D.T., Dip. A. E.T., Grad. Dip. Clin. Nutr.,
Grad. Cert Clin. L.I.P.L.D.S.R.

Grad. Cert.Clin. L. M. P.W.H., Cert. IV: W.T.A.

Ms Tina Czech is the founding director of the Australian Institute of Laser Therapy, which was officially opened in the city of Melbourne by the Secretary General of the World Association of Laser Therapy [WALT] on the 9th December 1997.

Having studied in the United Kingdom, USA and Germany, Tina authored several government accredited courses on laser and IPL for clinical application, which she taught for the past 18 years at a national level and now continues to provide private post graduate courses in laser and IPL science as well as hands on practical workshops for qualified medical and healthcare professionals, aestheticians and dermal therapists. She also facilitates hospital in-services, as well as advanced master courses and laser research projects at a supervisory and educational level.

Ms. Czech is an honorary board member of the World Academy of Laser Applications and the World Association for Laser Therapy, Tina was granted Life member of the International Society for Laser Medicine and Surgery, as a leading expert in the field of clinical laser therapy and photo-medicine and is a regular reviewer of research manuscripts relating to clinical phototherapy with laser and non-laser light.



World renowned Scientist/Researcher
Dr Tiina Karu presenting Tina Czech with
the latest textbook on Laser Phototherapy.

FOR MORE INFORMATION CONTACT
email info@ailt.com.au tel 61 + 1300 887 344 www.ailt.com.au



**Australian Institute
of Laser Therapy**

2018 WORKSHOP OVERVIEW

Don't miss this hands-on practical workshop over a 2 day weekend - 24th and 25th March

Auriculotherapy describes an acupuncture micro-system that includes the detection and reflexive treatment of physical, emotional and neurological dysfunction via specific zones on the ear at which these dysfunctions can be reflected.

Modern auricular therapy is not, by its very definition, either Traditional or Chinese. The use of the ear as a micro-system for the treatment of bodily disharmony, only became a primary treatment methodology in the 1950's after the discoveries of Dr.Paul Nogier. (pg 20, Jim Chalmers, Auriculotherapy Ear Acupuncture).

This healthcare modality utilises the external surface of the ear (i.e.aurical) as regional area for indirect therapeutic treatment of the whole body and to assist in relieving mental distress. Medical doctors specialising in internal medicine and anesthesiology, have employed auriculotherapy for the management of chronic pain, while Acupuncturists, often use auriculotherapy solely for pain relief and to effectively reduce withdrawal symptoms from nicotine, alcohol and substance abuse (Patterson 1974; Sacks1975; Smith 1979; Holder et al 2001).

In 1957 Dr Paul Nogier, presented his observations of the somatotopic correspondences of the entire body and organs on the human aurical, which are represented as reflex zones on the ear surface. Thereafter the Medical Studies Group of Lyon in France (GLEM) was established to further explore the clinical application of auricular therapy and still continues its research.

Auriculotherapy is one of the most useful passive methods to assist in relieving emotional disturbances, as it connects directly to the autonomic nervous system, which controls parasympathetic and sympathetic function.

Active points can be present within any of the ear reflex zones which can be used to detect and also treat any of the ear reflex zones.

Reflex zone disturbances can be detected via bio-feedback using a laser or via an electrical detector, but can also be located by the auriculocardio reflex (the sensitivity and pain reaction to applied pressure or frequency stimulation) and are responsive to a specific frequency also discovered by Dr Paul Nogier, which can now be delivered via a beam of laser light, without the need of an invasive acupuncture needle.

Practitioners attending this workshop will learn invaluable techniques to provide highly effective support treatment for anxiety, panic disorders, depression, and post traumatic stress disorder (PTSD).

This 2 day hands-on workshop is open to medical and health practitioners looking to reinforce their current treatment regime with laser auriculotherapy to treat difficult non-responsive conditions and will focus on the practical application of laser therapy for auricular treatment according to the principles of Dr.Paul Nogier, which is a clinical technique used by practitioners worldwide.

RJ Physiolaser from Germany will be supplied and used throughout the course.

This advanced laser system has the appropriate bio-frequencies and wavelengths necessary to provide effective treatment for the conditions covered in this course and therefore will be the only laser systems used in the workshop.

Acupuncture Needles will not be used at all during this seminar. Practitioners who are already using the RJ Physiolaser are requested to bring their systems to the course as we will be focusing on practical treatment. Please bring your Physiolaser, 810nm/500mW single laser probe, and detection kit.



**Australian Institute
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ADVANCED WORKSHOP PROGRAM

Part 1

SATURDAY 24th MARCH 2018

10 am Start

- Practitioners will learn to assess and detect both ear and body points via the VAS (vascular autonomic signal)
- You will learn to monitor the VAS manually using pulse diagnosis

11.30 - 11.45 am Morning Tea Break

Group Practical Laser Workshop

- You will use the RJ Laser detection hand piece and electrical detection systems to locate treatment points

Lunch Break 1.30 - 2.30 pm

2.30 pm Start

- Evaluate your client's overall energetic health according to the principles of Dr. Voll and his development of using the terminal points to achieve rapid balancing of the acupuncture meridian pathways

3 - 3.15 pm Afternoon Tea Break

Group Practical Laser Workshop

4 pm Discussion

- Laser Auriculotherapy to stop smoking and aid appetite control & weightloss

5 pm Close

ADVANCED WORKSHOP PROGRAM

Part 2

Sunday 25th March 2018

10 am Start

- Learn to assess and treat scar fields for hidden foci both on the body and in the mouth which interferes with the body's system of self-regulation ,especially with the control of stimuli that disturb homeostasis

11.30- 11.45 am Morning Tea Break

Group Practical Laser Workshop

- Learn therapy protocols for support treatment of sleep disorders, depression, anxiety, and post traumatic stress disorder (PTSD), including neurological disturbances

Lunch Break 1.30 - 2.30 pm

2.30 pm Start

- Understand effective therapy for pain conditions, musculoskeletal problems and internal organ support is possible with the techniques of laser auricular therapy

3.30 - 3.45 pm Afternoon Tea Break

Group Practical Laser Workshop

4 pm Closing Discussion

5 pm Close



THE WORKSHOP PRESENTER



Adam Canning

Adam Canning is the Director of the 'Wellness Clinic' in Victoria, which specialises in Laser Therapy and Laser Auriculotherapy and began his clinical career in 1997 at the Australian Institute of Laser Therapy through to 2009.

Over the past 18yrs Adam has been leading the way in the clinical application of (LLLT) - Low Level Laser Therapy in the areas of tissue repair, pain management and post-operative treatment for accelerated recovery, trauma injury and sports medicine.

Auriculotherapy is a large part of his clinical work in the treatment of neurological disorders and pain.

His Diverse Background in Traditional Chinese Medicine, Homotoxicology, Auriculotherapy and Energy medicine, brings unique and innovative clinical techniques that provide positive, life changing outcomes for persons who have failed to fully respond to other types of treatment and Adam is regularly invited to assist and speak about his work at the Australian Institute of Laser Therapy advanced laser courses and workshops.



FOR MORE INFORMATION CONTACT
email info@ailt.com.au tel 61 + 1300 887 344 www.ailt.com.au

**Australian Institute
of Laser Therapy**

THE WORKSHOP CLINICAL CONSULTANT



Dr Kerry Posniak

Dr Kerry Posniak (TCM) is a registered acupuncturist, laser therapist (LLLT) and Qigong facilitator and is the principal practitioner and founder of White Tiger Therapeutics clinic.

Kerry has also facilitated group acupuncture & Qigong classes at St Vincents Hospital in Melbourne as part of their detox program and was instrumental in developing the medical Qigong curriculum for the Chinese Medicine degree students at the Southern School of Natural Therapies, where she taught for 3 years.

With over a decade of clinical experience treating health related conditions, as well as fertility, anxiety, depression, addictions, digestive disturbances and chronic pain with herbal medicine, acupuncture and laser therapy.

Kerry brings additional knowledge and expertise to the classroom and the practical component of our hands on Laser therapy courses.



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MASTER WORKSHOP - LASER AURICULOTHERAPY Enrolment Form - 24th and 25th March 2018

Workshop Venue: The COMO MELBOURNE Hotel

Venue Location: 630 Chapel St. South Yarra, VIC, 3141

Course Pre-Requisite :

Attendees will have Medical or Health Science Qualification and have completed the previous Introductory 2 day Science & IPL Science and Laser Safety Certificate Course and Written Examination, conducted by the Australian Institute of Laser Therapy or equivalent (subject to approval).

All details below are required for enrolment bookings.
Please call 61+1300 887 344 if you have any questions.

Professional Qualification _____

First Name _____

Surname _____

Business Address _____

Home Address _____

Contact: Telephone _____

Email _____

**BOOK
EARLY**
course size
is limited

Workshop Fee: \$595.00 inclusive of GST

Fee includes:

Black and white auricular hammer which is a necessary tool for manual diagnosis.
Morning / Afternoon Tea

Please tick to confirm that you have already completed the Introductory 2 day Course & Written Examination on IPL & Laser Science and Laser Safety Certificate Course conducted by the Australian Institute of laser Therapy.

Please insert the date of completion of previous course. ____ / ____ / ____

Please detach Enrolment form and return via email or fax to 03 5988 3153

Payment by Credit Card

Credit Card Number

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Name on Card _____

Expiry Date ____ / ____ / ____ CVV Number _____

Signature _____



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